



This is an example of how to correctly set out your Catch & Release photograph for the Barramundi—King Threadfin and Grunter categories 2017

- ◆ Make sure the measuring mat or surface is wet down and as cool as possible before laying the fish along it
 - ◆ Keep the fish wet at all times—use wet towels to handle the fish
- ◆ Cradle the fish rather than apply any unnecessary pressure to the fish—particularly along and around the under body area—DO NOT HOLD by the mouth or gills—KEEP THE FISH HORIZONTAL at all times
- ◆ If the fish shows signs of distress at any time—do not take photos or delay getting the fish back safely and properly into the water for release
 - ◆ Better to have a live, healthy fish back in the water for future sustainability and breeding
- ◆ Release the fish as gently as possible into the water—DO NOT DROP OR THROW—try gently moving the fish back and forth to have water flowing through the gills when releasing